



# Mending Souls Blankets

More pictures at [www.LoveMendingSouls.org](http://www.LoveMendingSouls.org)



**For Children (30x40") or Adults (50x60") or Nursing Covers (24x72")**

**NEED: Flannel or Minky & MS Label.** Edges are either 'enveloped' (turn out), serged, hemmed, or use blanket binding/bias tape (binding video link below.)

**If Quilting** (sandwiching a top and bottom layers with batting layer in the middle) then **Cotton** for Top and Bottoms can be used and Batting is needed. If for babies, 100% natural cotton batting is recommended. Bind edges (below).

**If Serging:** Recommend using *one* layer Ultra-soft **Fleece**. 3-thread overlock.

**If No-Sew Option:** Recommend using two layers of **Fleece**. Cut fringe all around (1" wide by 2" deep cuts). Tie knots of upper layer to bottom layer.



**Nursing Pancho-style Cover: Rayon, Gauze, Ultra-light weight**

**crepe, etc.** Hem 3/8" by overcasting edges or serge with rolled hem edge. Sew closure or use 4 **plastic snap sets**. Photo below is rayon and folds up to 4" cube for easy travel.



**To envelope (turn out):** Right Sides Together, sew around with 3/8" straight stitch. (Round the corners rather than making them sharp 90 degree turns.) Leave a 3" opening to turn right side out. Turn out, use bamboo or other poker to gently push out corners. Iron all around to set the seams. Tuck in the edges of the opening and sew shut *with MS label!* Topstitch all around, using decorative stitches as time and thread allow. Recommend to stitch a few 'tacking' stitches every 5" apart or a large

rectangle in the center of the blanket, (approx. 25x30" for adults, 15x20" for children), just to anchor the layers together.

**To use Binding:** Pre-made, or make your own. To attach, follow video, paying close attention the corners. The easiest method is shown at <https://www.youtube.com/watch?v=6fP5-sVJJdA>



**Nursing Pancho-style Privacy Cover:** Finish edges of 24x72". See photo of rayon serged with 3-thread overlock rolled hem. Fold in half to make 24x36". At the fold, 24" side, leave open at top to 16" across, then stitch to 36" mark across top through both layers. Leave bottom open. Creates opening for head and viewing while nursing. Option: plastic snaps at mark 16", 23" 30" and 36" for closure.

