



Wheelchair / Walker APRONS

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NEED: ♥MS Label ♥(4) Ties (2 for aprons) of 36" bias tape, shoe string, belting, webbing, serged ties
♥Fabric (see each option) ♥If thick fabric, Jeans/Denim needle ♥air-erasable markers, chalk or pins

- Option 1: Lined Light-weight** (THIN denim/ home dec/ upholstery/ canvas/ drapery) for 8 layers.
- Option 2: Unlined Light-weight** (same, including fabric shower curtains –not vinyl) for 8 layers.
- Option 3: Placemats/ Any Finished Edges** (Serged, home dec, pillow sham, upholstery samples)
- Option 4: Pillowcases** (Standard, of any cotton/ polyester/ flannel or like material)

Appliqué Option: Due to the many layers for stitching folds, labels/ ribbons/ lace must avoid stitch areas

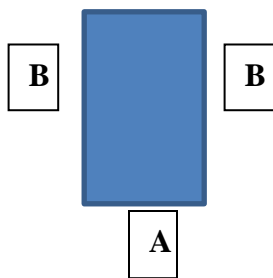
(4) .5 x 36" Ties: You can make your own ties by using cotton/poly 2" x 36". Fold lengthwise in half and iron. Open, fold long sides into center fold line, iron. Fold shut along original midway fold lengthwise, stitch entire length to make .5" x 36" tie. Outside tips either hem (fold over twice and stitch across), or tie a knot and secure with a few tacking stitches to prevent fraying. Trim threads! Only apron ties will have one tip sewn inside the bag so leave one tip end raw on *apron* ties.

Option 1: Lined Wheelchair-Walker-Apron

Side A (Top and Bottom)

Fabric: Light weight upholstery, *thin* denim or drapery fabric is best. Remember that you will be sewing through 8 layers in some sections.

Cut one piece **45" x 18"** (or piece sections to this beginning size). Beware of directional fabric due to folding.



Directions (for Aprons, only Step 7 is different):

1. Lie fabric wrong side up with short edges, A (see Diagram) as Top and Bottom. Iron the two long sides, B, about 1/2" inward, wrong sides together (WST), creating side folds.
2. Turn over, right sides together (RST), fold in half so Sides A are together. Open the side folds just at the edges of Side A, pin and sew a 3/8" seam across.
3. Turn right side out. You now have a tube of fabric. Tuck side folds into your tube along your ironed edges so there are no raw edges exposed. Iron flat the seam you made.

4. Lie tube flat, right side out, with Sides B on the sides. Be sure your seam is facing you, above the middle but below the 4" from the top.
5. Fold up the bottom to 3" from the top. This creates a pocket. Make sure that the seam is not at the bottom or the top of the bag to avoid thick layers when inserting ties into the corners. The seam can be anywhere hidden inside the bag. Now you can see the position of the outside Top Front layer.
6. Using a zig zag stitch, sew edges of the MS label to outside Top Front only. Avoid thickest-layered zones and all seam allowances when attaching. Press and pin Sides B together.
7. Fold each tie in half. Insert the folded end of a tie about 1" inside *between the two folded layers* in each of the four outermost corners of the bag. Top ties should angle a bit upwards. Waist Apron: only insert one long tie (36") (not folded) at each top corner (not the bottom corners).
8. Sew about 3/8" seam allowance along each side B from top to bottom with ties inserted into the corners. Reinforce the ties.
9. To make a second pocket, measure 7" inward from a Side B and mark with air-erasable markers or pins, a vertical line from top to bottom. Sew this line through all layers, backstitching at pocket edges to reinforce. *Finished size: Approx. 12.5" high, 16.5" wide with two 9.5" deep pockets.*

Option 2: Unlined Wheelchair-Walker-Apron (Light Weight denim, home dec, single ply)

Fabric: Use **27 x 18"** home dec/ denim that your machine can stitch through 8 layers safely. *Be sure to backstitch all stitches at beginning and end.*

1. Lie wrong side up, (see Diagram) short sides A across Top and Bottom. Fold inward and iron 1/2" seams on B sides. Then Fold Top down 3.5", iron and sew across the edge with a tight zig zag to cover the raw edge. Fold Bottom up 1" iron and sew across in same tight zig zag on top of raw edge.
2. Follow Steps 5-9 for Lined Wheelchair-Walker-Apron above.

Option 3: Placemats or any Finished Edges (like Serged) Wheelchair-Walker-Aprons

Fabric: Two placemats/ shams /serged edges fabric for top and bottom layers, (or one folded in half) so long as you begin with all finished edges, approx. **13" tall x 18" wide** for the FRONT as well as BACK layers. This size can vary so long as it fits the desired wheelchair, walker or waist (with .5 x 36" ties).

1. Fold down the top 3" of front mat, iron this flap down, and stitch across this flap so that the top edge will be shorter than the back mat.
2. Follow Steps 6-9 for Lined Wheelchair-Walker-Apron above, except on Step 8, be sure to stitch along the bottom as well as Sides B!

Option 4: Pillowcase Wheelchair-Walker-Aprons

Fabric: Pillowcase, with opening at bottom will create 4 smaller pockets beside the large pocket.

1. Lie flat with opening at bottom: fold top down 3.5", iron and sew across.
2. Follow Steps 5-9 for Lined Wheelchair-Walker-Apron above. *Yay, you made 3 treasures in ONE design!! ☺*