## **Forever & Mommy Hearts**

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## Need:

 ♥(2) 5x8" Felt/ Batting, non-fraying soft blanket ♥polyester thread

◆10" of 1/4" ribbon ◆5 x 5" overlay of organza/lamé/etc. ◆Laminated MS tag <u>Colors</u>: Avoid pink, reds or primary blues. <u>Golds, silvers, purples, teals are nice.</u>

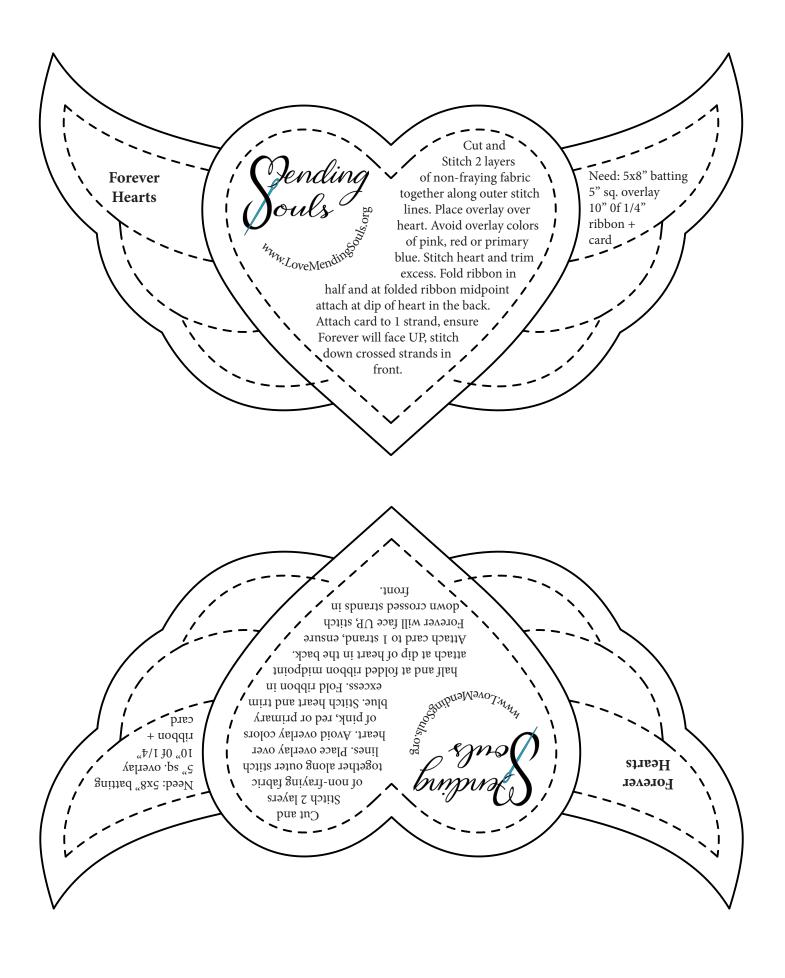


OPTION: MOMMY HEARTS (mother's natural body scent pads for struggling newborns)-100% Cotton batting (like *Warm and Natural*), 2 layers of Heart only, *securely* stitch edges. *Nothing more.* 

## Sewing Instructions:

- 1. Using the template pattern below, cut out 2 pieces, from the OUTER solid line (not entire heart).
- 2. Place two pieces together, sew along WING (only) dotted lines in pattern.
- 3. Place 5 x 5" overlay over heart, stitch along dotted lines in heart shape. Use decorative stitches if desired. Trim excess overlay outside of solid-line heart. Trim all threads!
- 4. Fold 10" of 1/4" ribbon in half, stitch midpoint (fold) at <u>back</u> under the top dip of heart. Thread ribbon through card's hole with one strand, ensuring the Tag will fall forward and hang correctly. Cross ribbon tips in front, (forms ribbon heart), stitch at cross point. *Thank YOU, a Mending Souls Angel! YOU are making our community a FAMILY!!*

Stitch 2 layers Need: 5x8" batting Forever of non-fraying fabric 5" sq. overlay together along outer stitch Hearts 10" Of 1/4" lines. Place overlay over ribbon + heart. Avoid overlay colors of pink, red or primary card "h.LoveMendin blue. Stitch heart and trim excess. Fold ribbon in half and at folded ribbon midpoint attach at dip of heart in the back. Attach card to 1 strand, ensure Forever will face UP, stitch down crossed strands in front. pending suls 7400 N. Oracle Rd. Ste 150-450 Tucson AZ 85704 www.LoveMendingSouls.org v.060721 LoveMendingSouls@Gmail.com



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